

Award Framework

The Award is comprised of three levels and four sections.

Participants complete all four Sections at each level in order to achieve either their Bronze, Silver or Gold Award. At Gold level, Participants also complete a Gold Residential Project.

Three Levels

Bronze

Silver

Gold



Sections

Four Sections for Bronze and Silver, five Sections for Gold (none more important than another):



Voluntary Service



Physical Recreation



Skills



Adventurous Journey



Gold Residential Project

BRONZE 14+years	3 months	3 months	3 months	2 days/1 night (1 x practice journey & 1 x qualifying journey)	N/A Gold Level only
Averaging at least 1 hour per week. Plus additional 3 months for a Major Section-either Service, Skill or Physical Recreation *					
SILVER 15+ years	6 months	6 months	6 months	3 days/2 nights (1 x practice journey & 1 x qualifying journey)	N/A Gold Level only
Averaging at least 1 hour per week. Plus additional 6 months of a Major Section if Bronze Award not completed.*					
GOLD 16+ years	12 months	12 months	12 months	4 days/3 nights (1 x practice journey & 1 x qualifying journey)	5 days/4nights
Averaging at least 1 hour per week. Plus additional 6 months of a Major Section if Silver Award not completed.*					



Voluntary Service

The Voluntary Service Section of the Award encourages young people to volunteer their time to and understand the benefits of this Voluntary Service to their community. To connect with your community and give service to others and their communities.



Physical Recreation

The Physical Recreation Section of the Award encourages young people to participate in sport and other physical recreation for the improvement of health, wellbeing and fitness.



Skills

The Skills Section of the Award encourages the development of personal interests and practical and social skills.



Adventurous Journey

The Adventurous Journey Section encourages a sense of adventure whilst undertaking a team journey or expedition. As part of a small team, participants will plan, train for and undertake a journey with a defined purpose in an unfamiliar environment.



Gold Residential Project (Gold level only)

The Gold Residential Project, completed only at Gold level, aims to broaden Participants' horizons through involvement with others in a residential setting.

** A Major Section must be chosen for each Award level where a Participant hasn't completed a previous Award level. This includes all Bronze Participants, all Silver Participants who have not completed their Bronze Award and all Gold Award Participants who have not completed their Silver Award. The Major Section is undertaken for an additional length of time. A Participant can choose their Major Section from Physical Recreation, Skill or Voluntary Service. The time taken varies dependent on the Award level.*

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